

Select a Login Method

Click the FMH icon to create a username and password

or log in by choosing an existing account



Support | Help | Español

Get Started:

It's as Easy as 1, 2, 3.

- 1) Click the Registration link in the email you receive from noreply@followmyhealth.com
- 2) Create your portal login using a unique username & password.
- 3) Enter the invitation code provided by your medical organization and click "Agree" to the release of information.

You will receive two emails:

- ♦ one welcoming you to the portal.
- ♦ one confirming your connections with our organization.

You now have 24/7, secure online access to our patient portal!

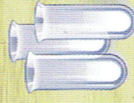
The Orthopedic Center

Manage your personal medical records, communicate with your doctors via secure online messaging, and make more informed decisions about your health!

Get 24/7 access from any computer, smartphone or tablet!



Send & Receive Secure Messages



View Test & Lab Results



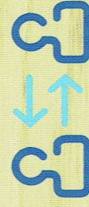
Request Rx Refills



Schedule Appointments



Receive Email Care Reminders



Set Up Proxy Accounts



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